

PRODUCT ORDER FORM

Contact information:

Name _____

Mailing Address _____

Phone or Email _____

Training Products:

- | | |
|-------------------------------------------------------------|----------|
| <input type="checkbox"/> CPT Training Package | \$120.00 |
| <input type="checkbox"/> DVD-ROM: Lessons from Adversity | \$35.00 |
| <input type="checkbox"/> DVD-ROM: Building Capacity | \$35.00 |
| <input type="checkbox"/> DVD-ROM: Communicating in a Crisis | \$35.00 |

Shipping options:

- | | |
|-------------------------------------------------------------|---------|
| <input type="checkbox"/> CPT Training Package | \$4.99 |
| <input type="checkbox"/> CPT Training Package International | \$18.99 |
| <input type="checkbox"/> DVD-ROM | \$2.99 |
| <input type="checkbox"/> DVD-ROM International | \$6.99 |

TOTAL \$ _____

Payment options:

Please send this form along with a Check or Money Order payable to CAS/IDMH

State University of New York at New Paltz
IDMH
600 Hawk Drive, New Paltz, NY 12561

To pay with a credit card, please call (845) 257-3477



IDMH PROFESSIONAL TRAINING SERVICES

For organizations seeking to increase preparedness and resilience among staff members, IDMH offers professional trainings (in-person and via webcast), and curriculum and tip-sheet development designed to prepare and support your staff's specific needs in case of disaster. Trainings are appropriate for personnel from mental health agencies, healthcare organizations, community agencies, and businesses.

Sample topics include:

- Disaster Mental Health Overview
- Psychological First Aid
- Self-Care and Wellness
- Building Resiliency
- Assisting Individuals with Mental Illness or Special Needs
- Assisting Children and Families Post-Disaster
- Responding to Radiological Events
- Responding to Pandemics and Public Health Events

All materials can be customized to your specific group's needs. For example, training content is customized depending on whether participants have a mental health background, are healthcare providers, or are managers.

E-mail idmh@newpaltz.edu for a consultation about your training needs.



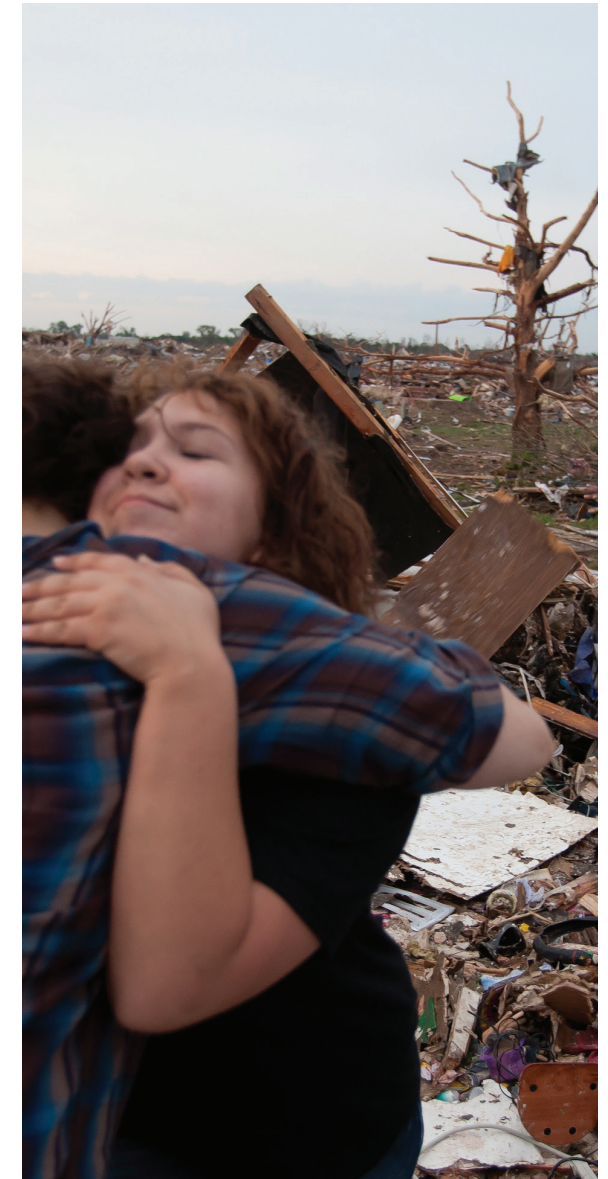
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Institute for Disaster Mental Health
600 Hawk Drive
New Paltz, NY 12561-2440



WHO WE ARE

We think of disasters as phenomena that begin suddenly, wreak havoc, then end quickly. Yet the effects of a disaster can linger long after medicine and treatments have been administered, physical structures have been repaired or rebuilt, and media attention has moved on. Left untreated, these invisible psychological wounds impact every aspect of survivors' lives.

In response to the resulting societal, economic, and humanitarian needs, the Institute for Disaster Mental Health at the State University of New York at New Paltz (IDMH) was formed. Since 2004, IDMH has provided professionals, community members, and students with the tools they need to care for others following disasters. The Institute's specialty is disseminating best practices in disaster mental health interventions through trainings, conferences, publications, and other forms of outreach. Our work prepares helpers from diverse response professions to minimize psychological reactions among those impacted by disasters, and to maintain their own resilience while they help survivors.



WHAT WE DO

Over the course of our first decade of operation, IDMH has received multiple grants from governmental sources and non-governmental organizations to support a wide range of projects.

- **Training Responders**
IDMH regularly develops and delivers trainings, webcasts, and written materials for New York State agencies and other organizations in order to keep their personnel current on best practices in disaster mental health interventions.
- **Bringing Leaders and Practitioners Together**
IDMH's flagship annual conference brings experts from emergency response, mental health, media, and related fields to the New Paltz campus to disseminate the latest research and experience to an audience of hundreds of responders.
- **Educating the Next Generation of Helpers**
Through academic programs at SUNY New Paltz, including a minor in Disaster Studies and an Advanced Certificate in Trauma and Disaster Mental Health, IDMH staff members are engaged in training undergraduate and graduate students in disaster mental health.
- **Training Clinicians to Assist Service Members, Veterans and Their Families**
IDMH is the New York State partner for the STAR Behavioral Health Provider Program, which trains civilian mental health professionals and National Guard service members to deliver awareness-building trainings about military culture and deployments and other clinical issues that impact this population.



OUR LEADERSHIP

IDMH was founded by Director James Halpern, Ph.D., first author of *Disaster Mental Health: Theory and Practice* (2007, Thomson Brooks/Cole), who has responded to numerous local and large-scale national disasters. The IDMH is supported by a small staff at SUNY New Paltz, and by an Advisory Board of experienced and committed professionals and community leaders, including representatives from emergency response organizations and government agencies.

HELP US HELP OTHERS

The Institute for Disaster Mental Health has been on the front lines for people impacted by Hurricanes Katrina, Irene, and Sandy, the Newtown shootings, and many other less publicized disasters, and we have trained thousands of professionals and students to play a major role in disaster preparedness and response over the past decade. Your tax-exempt support will help make it possible for the IDMH at SUNY New Paltz to continue and expand our efforts to protect residents of our region and beyond.

To learn about sponsoring future IDMH activities, please email idmh@newpaltz.edu or call (845) 257-3477.



PRODUCTS

Cognitive Processing Therapy for PTSD Manual and DVD-ROM Training

Cognitive Processing Therapy (CPT) is an evidence-based, 12-session cognitive behavioral treatment. CPT is predominantly a cognitive therapy that can be implemented with or without a smaller exposure component than imaginal exposure therapy and is therefore more acceptable to many clients and practitioners seeking alternatives to purely exposure-focused treatments. It also directly targets associated problems such as depression, guilt, and anger. Originally developed for rape and sexual assault, CPT has been successfully applied to veterans, refugees, and survivors of other traumas. This training was led on the SUNY New Paltz campus by the developer of CPT, Patricia A. Resick, Ph.D.

Training package includes a four DVD-ROM set of Dr. Resick's training, bound CPT manual, and supporting materials.

Conference DVD-ROMS

Selections of recordings from past annual IDMH conferences:

- Lessons from Adversity: Strengthening Preparedness through Reflections from 9/11
This event was held as our nation anticipated the 10th anniversary of the September 11, 2001 terrorist attacks. By reviewing the specific challenges created by each attack and the lessons learned in responding to them, the mental health community can become better prepared for the next mass casualty disaster.

- Building Capacity: Mitigating and Managing Responder Stress

This conference consisted of a set of trainings that focused on building responder capacity and maintaining resilience among trauma and disaster workers. Disaster response, trauma work, and emergency management are intrinsically and uniquely stressful, and it is essential that the inherent occupational hazards be mitigated through proactive stress management and effective self-care strategies.

- Why Don't People Listen?" The Whole Community and Communicating in a Crisis

This conference focused on how disaster response professionals can best communicate with community members to help them avoid or minimize their exposure to disaster and to jumpstart their recovery when events do occur.